



Suggested Interview Questions for Jill Savage

- 1) Can you tell us about the impetus of *Empty Nest, Full Life*? What prompted you to write the book?
- 2) The book talks quite a bit about letting go. In your life, as an empty nester, what has been the most difficult to let go of?
- 3) What about the parents, especially the moms, who you interact with—what seems to you to be the most difficult thing for them to let go of?
- 4) You talk about letting go of your child's problems. That sounds easier said than done. Can you share with us the wisdom you've learned over the years? How do parents continue to love their children as much as they have but also learn to lovingly detach from their life problems at the same time?
- 5) You say that the empty nest season of life has a way of bringing idols to the surface. Can you talk more about that?
- 6) Can you address some of the challenges that Christian parents in the sandwich generation, who have young adult children about to leave home and also older parents who need assistance?
- 7) The concept of turning your empty nest into a mission field is intriguing. Would you tell us more about that?
- 8) You talk about how a mother's design to nurture doesn't just turn off when her little birdies fly away. I'm sure many women can identify with that. Tell us about things we can do at this stage of our lives in order to serve the Lord with the nurturing instinct that He has planted in us.
- 9) You talk about how the empty nest season of life brings idolatry to the surface. What about the cracks in our marriage? Can you talk about that?
- 10) Can you tell us about the friendships which you have built during the empty nest season? How are they different from friendships that are developed in other stages of life?

Show Note Links:

www.JillSavage.org

www.EmptyNestBook.com